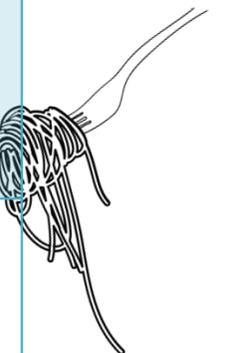
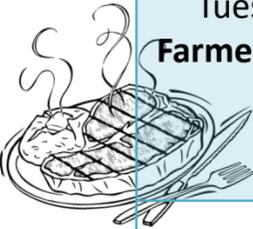


# the Barista Café

## Government Admin Building -Daily Lunch Menu

Soup \$4.5/\$5.5 | Mains - Weighted \$0.85/oz or Set Portions \$9 (Regular) \$12 (Large) | Extra: Protein \$5 | Sides \$3



<p>Monday 9<sup>th</sup> March <b>Spice Route Curry Feast</b></p>	<p><b>Oatmeal porridge - \$3.25</b> <b>Breakfast Special:</b> Ackee &amp; Saltfish, callaloo and Fritter- \$8 <b>Sides:</b> Bacon, cabbage, x2 fritters, boiled banana and boiled dumplings <b>\$3.00</b> Egg omelet or x2 Boiled Eggs <b>\$4.00</b></p>	<p><b>Chicken Noodle Soup</b> <b>Mains:</b> Chicken Tikka Masala, Tandoori Roast Beef <b>Vegan:</b> Vegetable Kofta <b>Sides:</b> Turmeric Rice, Aloo Spiced Potato Cubes, Roasted Cassava, Curried Cauliflower &amp; Carrot. Steamed rice</p>
<p>Tuesday 10<sup>rd</sup> March <b>Farmer's Market Comfort</b></p>	<p><b>Cream of wheat porridge - \$3.25</b> <b>Breakfast Special:</b> Scrambled or boiled eggs, turkey sausage or bacon and pancake - \$8 <b>Sides:</b> Turkey sausage or bacon or potato, pancake - \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p><b>Red Bean w/ Beef Soup</b> <b>Mains:</b> Spiced Roast Chicken, Beef Pot Roast <b>Vegan:</b> Vegetable Pepper Pot <b>Sides:</b> Seasoned Yellow Rice, Rice &amp; Peas, Steamed Cassava, Sautéed Green Beans, salad <b>Wings Bar Pop up \$13</b> <b>Fried Wings, Corn on Cob, Coleslaw, Baked Potato Wedges, BBQ Sauce, Sweet Chili Sauce, Buffalo Sauce, Chili Flakes, Scallion.</b></p>
<p>Wednesday 11<sup>th</sup> March <b>BBQ Experience</b></p>	<p><b>Cornmeal - \$3.25</b> <b>Breakfast Special:</b> Scrambled or 2x boiled eggs, livers and boiled banana or dumplings - \$8 <b>Sides:</b> Bacon or boiled banana and dumplings or livers or Steamed callaloo - \$3.00</p>	<p><b>Chicken Noodle Soup</b> <b>Mains:</b> Smoked Maple BBQ Chicken, Pork BBQ Ribs <b>Vegan:</b> Tofu Pepper Steak <b>Sides:</b> Mac N Cheese, Rice and Beans, Coleslaw, Steamed Vegetables, steamed rice</p>
<p>Thursday 12<sup>th</sup> March <b>Mexican Fiesta</b></p>	<p><b>Cream of wheat porridge (Unsweetened) - \$3.25</b> <b>Breakfast Special:</b> Ackee &amp; Saltfish, callaloo and Fritter- \$8 <b>Sides:</b> Bacon, callaloo, fritters, banana and dumplings \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p><b>Chicken &amp; Corn Soup</b> <b>Mains:</b> Tajin Grilled Chicken, Chipotle Ground Beef <b>Vegan:</b> Spicy Black Bean &amp; Sweet Potato Tacos <b>Sides:</b> Steamed rice, Cilantro Rice, Roasted Sweet Potato, Cumin Braised Cabbage &amp; Carrots, Mexican Corn Salad</p>
<p>Friday 13<sup>th</sup> March <b>Island Comfort</b></p>	<p><b>Cream of wheat porridge - \$3.25</b> <b>Breakfast Special:</b> Scrambled or boiled eggs, turkey sausage or bacon and pancake - \$8 <b>Sides:</b> Turkey sausage or bacon or potato, pancake - \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p><b>Roasted Pumpkin Soup</b> <b>Mains:</b> Jerk Chicken, BBQ Pulled Pork <b>Vegan:</b> Chickpea &amp; Pumpkin Curry <b>Sides:</b> Rice and Beans, Steamed White Rice, plantain, Steamed Cabbage &amp; Carrots, coleslaw</p>