

Monday 3 rd August Vin & Tropiques	Oatmeal porridge - \$3.25 Breakfast Special: Ackee & Saltfish, callaloo and Fritter- \$8 Sides: Bacon, callaloo, fritters, banana and dumplings \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00	Chicken Noodle Soup Mains: Herb Roasted Chicken & Thyme Jus, Honey-Glazed Pork Chops Vegan: Lentil & Mushroom Bourguignon Sides: Garlic Mash Potato, Rice & Gungo Peas, plantain, Spiced Corn
Tuesday 4 th August Taste of the Caribbean	Cream of wheat porridge - \$3.25 Breakfast Special: chicken curry, banana, dumpling and cabbage - \$8 Sides: Bacon - \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00	Red Bean w/ Beef Soup Mains: Honey Garlic Baked Chicken, Cayman Style Beef Vegan: Jerk Eggplant Pasta Bake Sides: Herb White Rice, Rice and Beans, Steamed Cassava, Sauteed Seasonal Vegetables
Wednesday 5 TH August Island Meets Continent	Cornmeal - \$3.25 Breakfast Special: Scrambled or 2x boiled eggs, livers and boiled banana or dumplings - \$8 Sides: Bacon or boiled banana and dumplings or livers or callaloo - \$3.00	Chicken Noodle Soup Mains: Creamy Chicken and Broccoli Alfredo, Roast Loin of pork Grain Mustard sauce Vegan: Coconut Curry Tofu Sides: Rice and Gungo Beans, Herbed Penne Pasta, Hot Honey Fried Plantain, Garlic Green Beans
Thursday 6 th August Portuguese Hearth Cooking	Cream of wheat porridge - \$3.25 Breakfast Special: Ackee & Saltfish, callaloo and Fritter- \$8 Sides: Bacon, callaloo, fritters, banana and dumplings \$3.00 Scrambled Eggs or x2 Boiled Eggs or Ackee & Saltfish \$4.00	Chicken & Corn Soup Mains: BBQ Smoked Chicken, Smoked Beef Roast with Island Rub Vegan: Smoky BBQ Lentil & Plantain Loaf Sides: White Rice, Mac & Cheese, Roasted Sweet Potato Wedges, plantain, Buttered Corn on Cob
Friday 7 th august Island Pit Bash Closed 3PM	Oatmeal porridge - \$3.25 Breakfast Special: Scrambled or boiled eggs, turkey sausage or bacon and pancake OR French toast - \$8 Scrambled Eggs or x2 Boiled Eggs \$4.00	Twelve Bean Soup Mains: BBQ Jerk Chicken, Jerk Pork Vegan: Jerk-Spiced Plantain & Black Bean Sides: Rice and Beans, Festival, Spiced Sweet Potato, Cabbage with Carrot & Sweet Pepper

