



Breakfast Menu

George Town Hospital

Every day: Scrambled eggs or 2 boiled eggs \$4.00 · Small sides \$1.50: bacon (2 slices), ½ scrambled egg, dumpling, banana or fritters

Monday

Porridge · \$3.25

Oatmeal porridge

Special · \$8

Ackee & saltfish,
cabbage and fritter

Sides · \$3.00

Bacon or cabbage

Sides · \$4.00

Ackee & saltfish

Tuesday

Porridge · \$3.25

Cream of wheat
porridge

Special · \$8

Chicken curry, banana,
dumpling and
cabbage

Sides · \$3.00

Bacon or cabbage

Sides · \$4.00

Chicken curry

Wednesday

Porridge · \$3.25

Cornmeal porridge

Special · \$8

Scrambled or 2 boiled
eggs, livers and boiled
banana or dumplings

Sides · \$3.00

Bacon, livers or
cabbage

Sides · \$1.50

boiled banana or
dumplings

Thursday

Porridge · \$3.25

Cream of wheat
porridge

Special · \$8

Ackee & saltfish,
cabbage and fritter

Sides · \$3.00

Bacon or cabbage

Sides · \$4.00

Ackee & saltfish

Friday

Porridge · \$3.25

Oatmeal porridge

Special · \$8

Scrambled or boiled
eggs, turkey sausage
or bacon, and pancake
or French toast

Sides · \$3.00

Bacon, turkey sausage

Sides · \$2.00

pancake or French
toast

Soup \$5 / \$6 · Extra protein \$6 · Sides \$3

Monday 2nd Carib Coast Comfort	Tuesday 3rd Asian Inspiration	Wednesday 4th Spanish Rustic Kitchen	Thursday 5th Global Comfort Selection	Friday 6th BBQ & Comfort
Soup Chicken noodle soup Main Chicken Escovitch Curry Goat Coconut lentil & pumpkin stew Sides Rice & Beans Steamed rice Fried dumplings Fried Plantain	Soup Red bean with beef soup Main Teriyaki Chicken Crispy Pork bites Asian sticky tofu Sides Stir-fried noodles Asian fried rice Korean braised potatoes Chili garlic green beans	Soup Chicken noodle soup Main Garlic paprika chicken Slow-Braised Pork with peppers. Chickpea and spinach potaje Sides Roasted Patatas Bravas Saffron Rice Roasted Plantain Green Beans with Tomato	Soup Chicken & corn soup BURGER BAR POP-UP \$12.50	Soup Thai chicken soup Main Crispy Fried Chicken/ Gravy Smoked BBQ Pork Ribs BBQ Lentil and Mushroom Bake Sides Rice and Beans Mac & Cheese Corn on the cobb Coleslaw