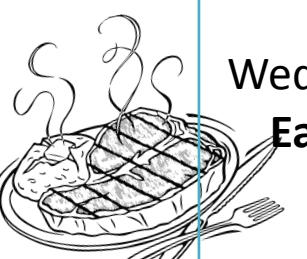
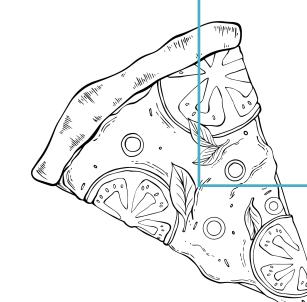
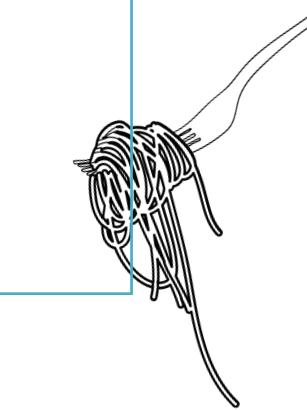
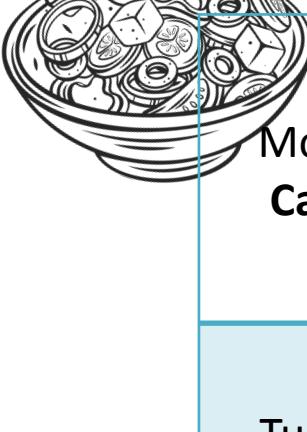




the Barista Café

George Town Hospital -Daily Lunch Menu

Soup \$4.50/\$5.50 | Mains - Weighted \$0.85/oz or Set Portions \$9 (Regular) \$12 (Large) | Extra: Protein \$5 | Sides \$3

 <p>Monday 19th January Carib Italian Fusion</p>  <p>Tuesday 20th January Crossroads Kitchen</p>  <p>Wednesday 21st January Eastern-Carib Spice Harvest</p>  <p>Thursday 22nd January Indi-Caribbean Heritage</p>  <p>Friday 23rd January BBQ & Comfort</p>	<p>Oatmeal porridge - \$3.25 Breakfast Special: Ackee & Saltfish, callaloo and Fritter- \$8 Sides: Bacon, cabbage, x2 fritters, boiled banana and boiled dumplings \$3.00 Egg omelet or x2 Boiled Eggs \$4.00</p>	<p>Chicken Noodle Soup Mains: Jerk Chicken Alfredo, Beef Ragu, Roasted Vegetable Lasagna Sides: Penne Pasta, Rice and Beans, Plantain, Seasonal sauteed vegetables</p>
	<p>Cream of wheat porridge - \$3.25 Breakfast Special: Scrambled or boiled eggs, turkey sausage or bacon and pancake - \$8 Sides: Turkey sausage or bacon or potato, pancake - \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p>Hamburger soup (Ground beef) Mains: Chicken Parmesan, Beef Pepper Pot Vegan: Lentil & Garbanzo Stew Sides: Pumpkin Rice, Scallion Mash Potato, Plantain, Spiced Braised Greens</p>
	<p>Cornmeal - \$3.25 Breakfast Special: Scrambled or 2x boiled eggs, livers and boiled banana or dumplings - \$8 Sides: Bacon or boiled banana and dumplings or livers or Steamed callaloo - \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p>Chicken Noodle Soup Mains: Glazed Chicken Thighs, Grilled Pork Chops Vegan: Coconut Lentil & Pumpkin Sides: Coconut Rice, Rice and Beans, plantain, Steamed Cho Cho and Carrots</p>
	<p>Cream of wheat porridge (Unsweetened) - \$3.25 Breakfast Special: Ackee & Saltfish, callaloo and Fritter- \$8 Sides: Bacon, callaloo, fritters, banana and dumplings \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p>Chicken & Corn Soup Mains: West Indian Chicken Curry, Beef Rogan Josh Vegan: Chana & Spinach Tikka Masala Sides: Jasmine Rice, Steamed Cassava, Cumin Braised Cabbage & Carrots, plantain</p>
	<p>Cream of wheat porridge - \$3.25 Breakfast Special: Scrambled or boiled eggs, turkey sausage or bacon and pancake - \$8 Sides: Turkey sausage or bacon or potato, pancake - \$3.00 Scrambled Eggs or x2 Boiled Eggs \$4.00</p>	<p>Roasted Pumpkin Soup Mains: Piri Piri Chicken, Tomato-Onion Beef Stew Vegan: BBQ Lentil and Mushroom Bake Sides: Yellow Rice, plantain, Mac & Cheese, Coleslaw, corn</p>

*Allergens: All Rice and Rice & Beans served are DF, GF, V | All vegetables are DF, GF unless butter is mentioned| Fried Chicken/Fish contains Gluten| Cream sauces contain Dairy & Gluten except for Vegan ones | Soups with dumplings & noodles contain Gluten.