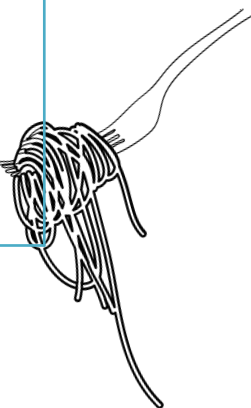
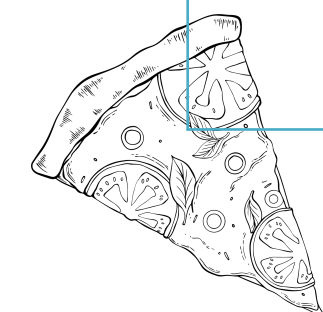
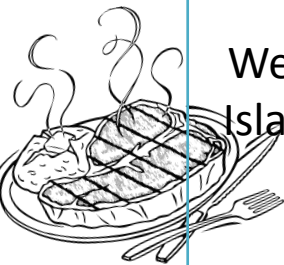


# the Barista Café

## Anthony S. Eden Hospital -Daily Lunch Menu

**Soup \$5/\$6 | Mains - Weighted \$0.85/oz or Set Portions \$10 (Regular) \$12 (Large) | Extra: Protein \$6 | Sides \$3**



|                                                                |                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                     |
|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Monday 3 <sup>rd</sup> August<br>Vin & Tropiques               | <b>Oatmeal porridge - \$3.25</b><br><b>Breakfast Special:</b> Ackee & Saltfish, callaloo and Fritter- \$8<br><b>Sides:</b> Bacon, callaloo, fritters, banana and dumplings <b>\$3.00</b><br>Scrambled Eggs or x2 Boiled Eggs <b>\$4.00</b>              | <b>Chicken Noodle Soup</b><br><b>Mains:</b> Herb Roasted Chicken & Thyme Jus, Honey-Glazed Pork Chops<br><b>Vegan:</b> Lentil & Mushroom Bourguignon<br><b>Sides:</b> Garlic Mash Potato, Rice & Gungo Peas, plantain, Spiced Corn                                  |
| Tuesday 4 <sup>th</sup> August<br>Taste of the Caribbean       | <b>Cream of wheat porridge - \$3.25</b><br><b>Breakfast Special:</b> chicken curry, banana, dumpling and cabbage - \$8<br><b>Sides:</b> Bacon - \$3.00<br>Scrambled Eggs or x2 Boiled Eggs \$4.00                                                       | <b>Red Bean w/ Beef Soup</b><br><b>Mains:</b> Honey Garlic Baked Chicken, Cayman Style Beef<br><b>Vegan:</b> Jerk Eggplant Pasta Bake<br><b>Sides:</b> Herb White Rice, Rice and Beans, Steamed Cassava, Sauteed Seasonal Vegetables                                |
| Wednesday 5 <sup>TH</sup> August<br>Island Meets Continent     | <b>Cornmeal - \$3.25</b><br><b>Breakfast Special:</b> Scrambled or 2x boiled eggs, livers and boiled banana or dumplings - \$8<br><b>Sides:</b> Bacon or boiled banana and dumplings or livers or callaloo - \$3.00                                     | <b>Chicken Noodle Soup</b><br><b>Mains:</b> Creamy Chicken and Broccoli Alfredo, Roast Loin of pork Grain Mustard sauce<br><b>Vegan:</b> Coconut Curry Tofu<br><b>Sides:</b> Rice and Gungo Beans, Herbed Penne Pasta, Hot Honey Fried Plantain, Garlic Green Beans |
| Thursday 6 <sup>th</sup> August<br>Portuguese Hearth Cooking   | <b>Cream of wheat porridge - \$3.25</b><br><b>Breakfast Special:</b> Ackee & Saltfish, callaloo and Fritter- \$8<br><b>Sides:</b> Bacon, callaloo, fritters, banana and dumplings \$3.00<br>Scrambled Eggs or x2 Boiled Eggs or Ackee & Saltfish \$4.00 | <b>Chicken &amp; Corn Soup</b><br><b>Mains:</b> BBQ Smoked Chicken, Smoked Beef Roast with Island Rub<br><b>Vegan:</b> Smoky BBQ Lentil & Plantain Loaf<br><b>Sides:</b> White Rice, Mac & Cheese, Roasted Sweet Potato Wedges, plantain, Buttered Corn on Cob      |
| Friday 7 <sup>th</sup> august<br>Island Pit Bash<br>Closed 3PM | <b>Oatmeal porridge - \$3.25</b><br><b>Breakfast Special:</b> Scrambled or boiled eggs, turkey sausage or bacon and pancake OR French toast - \$8<br>Scrambled Eggs or x2 Boiled Eggs \$4.00                                                            | <b>Twelve Bean Soup</b><br><b>Mains:</b> BBQ Jerk Chicken, Jerk Pork<br><b>Vegan:</b> Jerk-Spiced Plantain & Black Bean<br><b>Sides:</b> Rice and Beans, Festival, Spiced Sweet Potato, Cabbage with Carrot & Sweet Pepper                                          |

\*Allergens: All Rice and Rice & Beans served are DF, GF, V | All vegetables are DF, GF unless butter is mentioned| Fried Chicken/Fish contains Gluten| Cream sauces contain Dairy & Gluten except for Vegan ones | Soups with dumplings & noodles contain Gluten.

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