



Government Admin Building -Daily Lunch Menu

Soup \$4.50/\$5.50 /Hot Lunch - Weighted \$0.85/oz or Set Portions \$9 (Regular) \$12 (Large) | Extra: Protein \$5 | Sides \$3

SOUP OF THE DAY

MAINS

SIDES

Monday 3 <sup>rd</sup> November Island Comfort Classics	Chicken Noodle Soup	<b>Mains:</b> Curry Goat, Chicken Escovitch <b>Vegan:</b> Coconut Lentil & Pumpkin Stew <u>Wings Bar Pop up \$13</u> Fried Wings, Corn on Cob, Coleslaw, Baked Potato Wedges, BBQ Sauce, Sweet Chili Sauce, Buffalo Sauce, Chili Flakes, Scallion.	Steamed Rice, plantain, Rice and Beans, Okra & Tomato Stew
Tuesday 4 <sup>th</sup> November Asian Inspiration	Split Pea with Salt Beef Soup	<b>Mains:</b> Teriyaki Chicken, Crispy Pork Bites <b>Vegan:</b> Tofu & Vegetable Stir-Fry	Asian Fried Rice, steamed rice, Korean Braised Potatoes, Chili Garlic Green Beans, salad bowl
Wednesday 5 <sup>th</sup> November Soul & Spice Kitchen	Chicken Noodle Soup	<b>Mains:</b> Brown stew Beef, Chipotle chicken <b>Vegan:</b> Chipotle Spiced Vegan Meatloaf <u>Pasta Bar Pop up \$12</u> Choice of Freshly prepared Pastas (Spaghetti, Bow Tie, Penne or (GF/DF) Penne Pasta) add your favorite sauce (Bolognese, Marinara, Pesto or Alfredo) optional topping extra virgin olive oil, Grilled Chicken, Roasted Vegetables, Chili Flakes, Shaved parmesan cheese, and garlic bread.	Rice and Gungo, White Rice, Steamed Broccoli & Cauliflower, plantain
Thursday 6 <sup>th</sup> November European Comfort	Chicken Corn Soup	<b>Mains:</b> Roast Loin of pork Cider Jus, Coq au Vin (No Bacon) <b>Vegan:</b> Mushroom Bourguignon	Rice & Beans, Sauteed Vegetable, Scallion Mash Potatoes , plantain
Friday 7 <sup>th</sup> October Spice Route Fusion	Pumpkin Soup	<b>Mains:</b> Tandoori Chicken, Beef Masala Curry <b>Vegan:</b> Coconut-Curry Cauliflower & Potato	Basmati Rice, Plantain, Cucumber & Tomato Kachumber Salad, steamed vegetables

\*Allergens: All Rice and Rice & Beans served are DF, GF, V | All vegetables are DF, GF unless butter is mentioned| Fried Chicken/Fish contains Gluten| Cream sauces contain Dairy & Gluten except for Vegan ones | Soups with dumplings & noodles contain Gluten.

345-325-6728

baristasupervisor@catering.ky

@thebaristacafe