



George Town Hospital Daily Lunch Menu

Monday, April 28

- Red Bean with Beef Soup - \$4.50/5.50
- Mains: Beef Ragu, Jerk chicken alfredo - \$9/\$12
- Roasted Vegetables Lasagna - \$9/\$12
- Sides: Penne Pasta, Rice & Beans, Sautéed Vegetables, Salad Bowl, Fried Plantain

Tuesday, April 29

- Red Bean with Beef Soup - \$4.50/5.50
- Mains: Coq au vin, Roast pork - \$9/\$12
- **Vegan: Mushroom Bourguignon** - \$9/\$12
- Sides: Rice & Beans, Potato Salad, Steamed Vegetable, Fried Plantain, Mashed Potatoes

Wednesday, April 30

PUBLIC HOLIDAY

Thursday, May 1

- Chicken & Corn Soup - \$4.50/5.50
- Mains: Cheddar BBQ Pork Chops, Chicken Cacciatore - \$9/\$12
- **Vegan: BBQ Lentil and Mushroom Bake** - \$9/\$12
- Sides: Rice And Beans, Steamed Broccoli, Fried Plantain, Garlic Mashed Potatoes

Friday, May 2

- Pumpkin Soup - \$4.50/5.50
- Mains: Beef Jalfrezi, Hunters Chicken - \$9/\$12
- **Vegan: Chickpea & Spinach Jalfrezi** - \$9/\$12
- Sides: Herbed Rice, Bow Tie Pasta, Sauteed Vegetables, Salad Bowl

Extra: Protein \$5 AND Sides - \$3

- * All Rice on Menu is dairy and gluten free.
- * All Vegetables if not stated has butter in description is dairy and gluten free.
- * Fried Chicken and Fried Fish contains Gluten.
- * Cream Sauces are with Dairy and Gluten except for the vegans.
- * Soups carry dumpling & noodles which has gluten.